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# Parish of Saint Anthony of Padua

Our Parish Newsletter

"Come to me, all you who are weary and burdened, and I will give you rest." (Mt 11:48)

**A warm welcome to everyone from**

Fr. Maximillian McKeown, OFM Conv, Parish Priest  
Rev. Simon South, Deacon

4th June 2023



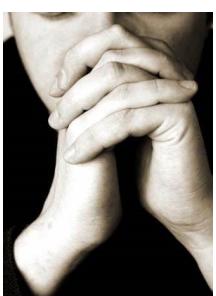
## Times of Mass This Week

04 June. Sunday		8:00 AM
04 June. Sunday		10:45 AM
05 June. Monday		9:00 AM
06 June. Tuesday		9:00 AM
07 June. Wed		9.00 AM
08 June. Thurs		9.00 A.M
09 June. Friday		9:00 AM
10 June. Saturday		9:00 AM
10 June. Saturday	(SUNDAY VIGIL)	6.00 P.M



Thank you for your generous donations last week, towards to running of our parish .

**PLEASE PRAY FOR OUR DECEASED, ESPECIALLY**, Guy Horton, Catherine Bowles, Richard Carey, John Kilroy, Ann Hamilton, Marcella Duckworth, Penny Setterfield, Dominique Chapious, Roy Godwin, Dorothy and Peter Van Heuven. Patricia Swain, Veronica Pragnell, Elsie Palmer, Peter McKenzie-Smith, Tom Healey, John Russell, Timothy O'Sullivan, and members of our parish, families, friends, and acquaintances.



**PLEASE ALSO PRAY FOR THE FOLLOWING MEMBERS OF OUR PARISH FAMILY:** Ron Peters, Sheila Miller, Audrey Hatter, Kathleen Sherwood, Monica Flint, Richard Horner, Janet Castro, Coleen, Louis Carnell, Isabella Rose, Judith (Angela's sister) and all those confined to their homes or care homes along with Mass intentions this week.

## The Most Holy Trinity

The mystery of the most Holy Trinity is a central doctrine of our faith as Christians; understandable not with our heads but with our hearts. Throughout the history of the Church, our limited human minds struggle to grasp this doctrine, which teaches that  $1+1+1 = 1$  and not 3.

It teaches us that there are three distinct Persons in one God, sharing the same Divine Nature.

All prayers in the Church begin in the name of the Holy Trinity and end glorifying the Trinity. All Sacraments are administered (we are baptized, confirmed, anointed, our sins are forgiven, our marriage blessed, and our Bishops, priests and deacons ordained) in the name of the Holy Trinity, and we bless ourselves, and our priest blesses us, in the name of the Holy Trinity.

Today's feast invites us to celebrate and revel in the presence of the Triune God who is both within us and around us, and to celebrate the life-giving relationships that we are all drawn into. Our relationship with God is also in three parts— as the children of God, the brothers and sisters of Jesus, and blessed with the indwelling Spirit that we received at our baptism.

We are as entwined in the Holy Trinitarian relationship as we possibly could be, which reflects the complete unconditional love God has for us all and the depth of relationship He is calling us to have with Him.



## Just a thought ....

How aware are we of the Holy Spirit in our daily lives? Though we may not always be aware of the Holy Spirit, we are able to see and feel the effects. When we feel a new strength within us, or a nagging doubt about the ethics of something we are thinking of doing, or a compelling feeling of love or forgiveness within us for others, we are aware of the fact that the Holy Spirit is present, leading us, transforming us and guiding us.

If our lives are under the power and care of the Holy Spirit, we do not know where we will be led, but we do know it is the will of God that moves us. Do you freely allow yourselves to be led by the daily, gentle presence of God? Do you allow yourself to be led and moved by the Breath of God? How is the Holy Spirit present in your life today?

***“Come Holy Spirit, renew within me the grace of my Baptism and lead me each and every day in accord with Your divine will. I abandon myself to Your glorious care and trust in the promptings of Your presence in my life. Jesus, I trust in You.”***

## Parish Celebration of the Feast of St Anthony

Let us come together to celebrate our Parish Family and the love and guidance of our patron saint—St Anthony.

Our Parish Lunch will be at Simply Italian on Wednesday 14th June - 12.30 pm. We have been asked to pre-order our meals so do please see the sign up form at the back of the Church. On the 2nd page you will find choice of menu - A, B or C.



## Worth Abbey; Explore the Richness of Benedictine Spirituality - 24 June, 1-4pm

Join Midday Prayer at 1pm in the Abbey Church, followed by a welcome talk from Abbot Mark Barrett, and sung Benediction at 3.30pm. Sessions include: accompanied walks to the Quiet Garden, Silent Prayer, *Lectio Divina* and talks by lay people on how the Rule of St Benedict inspires their lives. Families are very welcome (Children's activities are available) with complimentary refreshments. For more details and to reserve your place go to - <https://worthconnecting.org.uk/event>

## Mental Health Courses -

The sad reality is that mental health across the nation is a growing concern and reality. Recently we saw in the national press, the truly horrible indictment that suicide is the leading cause of teenage deaths in the UK. The idea of the Mental Health First Aid Course is to give delegates the skills to identify the early warning signs of a problem developing, from across the wide spectrum of mental health conditions and then to provide the direction to sign post people accordingly to the right help and support. The half day and full day course are aimed at identifying symptoms and exploring appropriate routes to signpost those who are experiencing the challenge and darkness of mental health. .

Planned courses are as follows (all of which can be booked via ChurchSuite (through the Diocesan website -Home page—Events—God to date of course you have selected and follow the instructions).

- Sat 10 June - Horsham - One day Champion Course (£60 per delegate)
- Sat 15 July - Worth - One day Champion Course (£60 per delegate)
- 12/13/19/20 September - Online - Two Day Youth MHFA (£120 per delegate)
- Sat 4 November - Worthing - Half day MH Aware (£30 per delegate)

Do speak to your Parish Priest to explore the potential of this Ministry in your Parish or [simon.south@abdiocese.org.uk](mailto:simon.south@abdiocese.org.uk) for more details.

**There will be a return of our Scripture Group this Monday at the Rye Hub—3.30p.m. to 5.00p.m. All are welcome to join to share and to embrace the beauty of God’s Word**